FOOTBALL JULY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	OFF	OFF	OFF	5	6
7	8	Summer Workout #13 7 – 10 am	Summer Workout #14 7 – 10 am	Summer Workout #15 7 – 10 am	12	13
14	15	16 Summer Workout #16 7-10 am	Summer Workout #17 7 – 10 am	Summer Workout #18 7 – 10 am	19	20
21	22	Summer Workout #19 7-10 am	24 Summer Workout #20 7 – 10 am	25 Summer Workout #21 7-10 am	26	27
28	Summer Workout #22 7 – 10 am TEST & MEASURE	30 Summer Workout #23 7 – 11 am TEST & MEASURE & Field Pics	OFF 31			